



NAVY AND MARINE CORPS PUBLIC HEALTH CENTER

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Barber/Beauty & other Cosmetology Facilities: COVID-19 Guidelines for Reopening/Reset

Safely reopening of barber/beauty and other cosmetology facilities (aka personal beauty services) in lieu of the COVID-19 pandemic, must be accomplished deliberately with safety of employees and customers as the number one priority. These guidelines are in effect when the HPCON level for COVID-19 is identified as Bravo, or higher. Due to the inability to use social distancing requirements in these facilities, it is recommended that the following guidelines be implemented.

References

These guidelines should be used in conjunction with all current requirements of NAVMED P-5010-2 (Rev. 6-2019), Section 4. These additional guidelines will be in effect during the period of the COVID-19 pandemic and may be adjusted as required. Personal beauty services managers should refer to the [OSHA "Guidance on Preparing Workplaces for COVID-19"](#) as a guide for reopening. Interim recommendations for U.S. Community Facilities with Suspected/Confirmed Coronavirus Disease 2019 (COVID-19) for [Cleaning and Disinfection for Community Facilities are based on CDC guidance](#).

Preopening

- Train employees on cleaning and disinfecting procedures and protective measures, per current guidance. Ensure appropriate personal protective equipment is available and all employees are aware of the Safety Data Sheets on all chemicals used within the facility.
- Train all employees on the importance of frequent hand washing, the use of hand sanitizers with at least 60% alcohol content and give them clear instructions to avoid touching hands to face. Remind employee that proper handwashing is always preferred over just using a hand sanitizer.
- If facility has been closed but NOT due to an employee or client testing positive for COVID-19, the facility should perform a thorough cleaning as required in the NAVMED P5010-2, Section 4.
- If the facility was closed due to an employee or client testing positive for COVID-19, prior to reopening the facility should perform enhanced sanitation cleaning and disinfection throughout the facility. Especially hard surfaces that are frequent touch points by employees and clients (e.g., light switches, registers, counter tops, and chairs).
- Proper safety precautions must be observed when using disinfection products. Use U.S. Environmental Protection Agency (EPA) registered disinfecting products disinfectants to nonporous surfaces. that are not classified as food equipment.
 - Prepare chlorine bleach disinfecting solution with a minimum concentration of 1,000 parts per million free available chlorine, with a minimum of 1-minute wet contact time required to achieve adequate disinfection.
 - For alternate disinfecting products, refer to the [EPA-registered disinfectants](#). Refer to label instruction for proper contact time to achieve an adequate level of disinfection will vary by product.
 - When EPA-approved disinfectants are not available, alternative disinfectants can be used (e.g., 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or



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other cleaning and disinfection products together. This can cause fumes that may be very dangerous to breathe in. Keep all disinfectants out of the reach of children.

Employee Health and Personal Hygiene: Employees who are sick should remain at home. If an employee becomes ill or presents signs of illness, the person in charge should identify the signs during a pre-work screening and follow the established policies on when the ill employee is allowed to return to work. Contact your local Preventive Medicine Office for detailed guidance. [DOD](#) currently **mandates** the use of face coverings. Face coverings are effective tools to mitigate risk from individuals who do not show symptoms, especially in close environments where it is hard for people to maintain social distancing recommendations of six-feet. Coverings worn by employees should be kept clean in accordance with [CDC](#) and [NMCPHC guidance](#). (Face Covering Guidance). Train all employees on the importance of frequent hand washing, the use of hand sanitizers with at least 60% alcohol content and give them clear instructions to avoid touching hands to face. Remind employee that proper handwashing is always preferred over just using a hand sanitizer.

Health Checks

Temperature checks: Recommend the use of a touchless infrared thermometer to check the temperature of employees each day when they enter the facility. If an employee has a temperature above 100°F, the employee should be sent home immediately and not allowed to return to work until they have no fever and no evidence of COVID-19 symptoms. Also, if an employee reports a flu-like illness immediately contact your local Preventive Medicine Office for guidance.

Examples of questions for each client entering the shop the following questions:

- *Have you had a cough?*
- *Have you had a fever?*
- *Have you been around anyone exhibiting these symptoms within the past 14 days?*
- *Are you living with anyone who is currently ill with COVID-19, or quarantined?*

Spacing

- Limit clients in the shop/salon. Consider appointments to limit foot traffic and control people within the shop. Limit the number of persons in the waiting area using social distancing recommendations. If possible, it is recommended that clients wait outside the shop.
- Spacing between staff and clients in the shop should be at least six feet, except when staff are servicing clients. Shops should place additional spacing between booths, dividers, and alternate work schedules to accomplish this.

Personal Protective Gear

- **Face Masks:** Personal beauty service personnel shall correctly masks at all times following [DOD and CDC guidelines on face coverings](#). It is strongly recommended at this time that all clients wear face masks to the extent possible while receiving services.
- **Face Shields:** If available, it is recommended that employees wear face shields when servicing clients.
- **Gloves:** It is recommended that employees wear disposable gloves when servicing clients and change gloves between each client or when contaminated.



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- **Client Capes:** Clients should be draped with a clean cape. Capes should never be used before proper laundering. They must be laundered before reuse with another client. Shops may consider using disposable capes that will be disposed of after it is used.
- **Employee Aprons/Smocks:** Employees should wear a clean apron/smock between each client. They must be laundered before reuse with another client.
- **Neck Strips:** Employees should use protective neck strips around the neck of each hair-cut client.
- **Handwashing:** Employees must wash hands with soap and water, for a minimum of 20 seconds between every client service or when hands become contaminated.
- **Face:** Employees must avoid touching their face, mouth, nose, and eyes at all times.
- **Employee Clothing:** Employees should begin work wearing clean clothing. It is recommended that employees change clothes before entering their homes when they return from work.

Reception Area

- Consider placement of a plexiglass barrier between the clients and employees.
- Consider having customer wait outside and texting them when a chair is available.
- Marking floors identifying social distancing spacing is recommended.
- Wipe reception desk with disinfectant. Remove all unnecessary items such as magazines, newspapers, and any other items.
- Wipe down all seats and tables; cloth chairs cannot be properly cleaned and disinfected, using a plastic cover should be considered.
- Receptionist should wear facial coverings and wash their hands after using the phones, computer, cash register, and/or credit card machine. Wipe these surfaces between each use.
- Avoiding the exchange of cash can help greatly in preventing spread of the virus, but if this is unavoidable, be sure to properly wash and/or sanitize hands correctly after each transaction.
- Provide approved hand sanitizer and disposable paper towels for employees and clients.

Disinfection

- All personal beauty service shops should be thoroughly cleaned and disinfected prior to reopening.
- Disinfect all hard surfaces and tools.
- Wash and sanitize all linens, even if they were cleaned before the salon/shop was closed.
- Use disinfectants that are EPA-registered and labeled as bactericidal, viricidal, and fungicidal. The EPA has approved any product that has tested as effective against human coronavirus. If in doubt of the effectiveness, check the EPA website.
- Disinfectant (e.g., BARBICIDE®) for immersion of tools, must be mixed daily and replaced sooner if it becomes contaminated (e.g., hair/debris floating in solution or cloudy solution).
- Disinfectant only properly works on a clean surface. Clean all surfaces and tools with hot soapy water thoroughly before disinfecting. Tools that cannot be immerse in water must be thoroughly wiped down removing all hair debris using a brush, cloth, or recommended cleaning product. Once cleaning is completed these tools must then be sanitize according to the NAVMED P5010, Chapter 2, Section 4.
- Contact time on label must be strictly observed for disinfectant to work. Contact time refers to how long the disinfectant is visibly wet on the surface allowing it to significantly reduce all of the bacteria and



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viruses present. Typical contact time for immersion/sprays is 10 minutes, for disinfectant wipes is 2-4 minutes.

- Porous/soft tools (tools such as cardboard files, buffers, drill bits etc.) cannot be disinfected and must only be used once and then discarded.
- Clean and disinfect all retail areas, daily, including products. Try to avoid client touching products that they do not plan to purchase.
- Clean and disinfect high touch items such as door handles, chair handles, and other surfaces that are regularly touched by clients.
- If a disinfectant is unavailable bleach is acceptable. Follow guidelines listed below.

Bleach Solutions Guidance

Concentration	Bleach with 5 to 6% Sodium Hypochlorite	Bleach with 8.25% Sodium Hypochlorite
1,000 ppm	1/3 cup bleach per 1 gallon of water	3 Tablespoons bleach per 1 gallon of water
WHEN MIXING BLEACH SOLUTIONS ALWAYS ADHERE TO ALL SAFETY PROCEDURE INCLUDING BUT NOT LIMITED TO GOOD VENTILATION, AND PROPER PROTECTIVE GEAR (GLOVES, MASKS, GOGGLES)		

Shampoo Bowls

- Clean and disinfect all bowls, hoses, spray nozzles, shampoo chairs, and arm rests. Wipe down all back-bar products and shelves. Discard and replace any products that have not been stored in a closed container.

Restrooms

- Clean and disinfect restroom surfaces including floors, sinks, and toilet bowls. Store paper products in a closed cabinet.
- Place trashcan by door.
- Post handwashing signs in the restrooms.
- Ensure hand washing sinks are **continuously** supplied with sufficient soap and paper towels.

Workstations

- Clean and disinfect all work area surfaces daily or if they become dirty.
- Clean and disinfect chairs, head rest, and arm rests (the use of harsh disinfectants can damage leather chair, and cloth chairs cannot be disinfected. If this is a concern a disposable plastic covering can be used and discard between each client).
- Clean and disinfect all reusable tools and store in an airtight closed container. Clean and disinfect all appliances, sheers, clippers, clipper guards, clippies, rollers, combs, brushes, rolling carts, and any other items used in connection with servicing clients.
- Check to make sure all products such as lotions, creams, waxes, and scrubs have always been in a closed container, if not you must discard and replace.



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- Remove and discard all single use tools such as paper files, drill bits, and buffers that have already been used.
- Adequate ventilation must be provided.
- Clean and disinfect all linen hampers and trash container and only use such container that can be closed and use with liners that can be removed and discarded.
- Provide approved hand sanitizer of at least 60% alcohol at all work locations for employees and clients.
- Station barriers between workstations is suggested but not recommended if a minimum of six feet between workstation can be maintained.

Pedicure Bowls

- Remove all parts that can be removed. Clean all removed parts with soap and water, rinse in clear water, and then immerse into properly diluted disinfectant for full recommended contact time.
- Scrub bowl with soap and water and replace removed parts to bowl.
- Rinse with bowl with clean water. Fill bowl again with clean water and proper amount of disinfectant and let stand for proper time (at least 10 minutes). If your bowl has jets, allow the jets run for a full 10 minutes with disinfectant.

Treatment Rooms

- Clean and disinfect all surfaces such as chairs, tables, and electrical appliances (don't forget the cords).
- Clean and disinfect all linens and store in a closed container/cabinet.
- Clean and disinfect all hampers that hold soiled linens and be sure to use one that can be lined and closed.
- Empty all wax pots and disinfect before refilling them with new wax. Strongly recommend the use of single use applicators that can be disposed of in a covered trash can with a liner.

Administrative Controls

- Employees who are sick will be must stay home until cleared by medical personnel.
- Manager should provide training, educational materials, and reinforcement on proper sanitation, handwashing, cough and sneeze etiquette, using PPE, and other protective behaviors.
- Maintain social distancing.
- Provide Barbicide® or EPA disinfectant wipes, liquid disinfectant containers, and Barbicide® concentrate/or EPA approved disinfectant for disinfecting technical implements and work areas.
- Consider discontinuing hand relief treatments as well as scalp, neck, and shoulder massages during the COVID-19 pandemic.